

EKO

C A F É

by Deli Campur Asia

HEALTHY • FRESH • LOCALLY SOURCED

Nourishing dishes for everyday living, crafted with love from local farm-fresh ingredients





eKO

C A F É

HEALTHY . FRESH . LOCAL SOURCED

EKO Café was created with a simple idea: to serve fresh, healthy, and honest food. We partner with local farms to bring quality ingredients straight to your plate. From breakfast to dinner, enjoy Western favorites and vibrant Asian fusion dishes.

"Eat Well & Feel Good"

OPEN HOURS

MON - SAT 07 : 00 - 22 : 00

SUNDAY 07 : 00 - 15 : 00

RESERVATION

085 100 868 787

WIFI

Eko Cafe | ekocoffee

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IG | FB @ eko cafe bali

www.ekocafebali.com

Jalan Bumbak Dauh No. 89X Umalas Kuta Utara Badung Bali 80361

Fresh, Healthy & Tasty

A vibrant and diverse collection of healthy dishes and drinks arranged on a rustic wooden table. The spread includes a stack of fruit and yogurt pancakes, a glass of red berry smoothie, a green juice, a bowl of fruit salad, a cup of coffee with latte art, a bowl of soup, a cinnamon roll, a bowl of fruit, a bowl of avocado toast, a bowl of black rice pudding, a bowl of salmon and eggs, and a bowl of fruit salad. The background features lush green plants and a wooden lattice screen.

BREAKFAST

All Days Breakfast | 7am – 3pm

SIGNATURE BREAKFAST

Salmon Dill – NEW!! 95

smoked salmon, egg salad, dill, red radish, cherry tomatoes, & chili flakes on sourdough.

Pulled Pork Benedict 85

caramelized pulled pork, poached eggs, apple, onion, red radish, watercress, and hollandaise on a toasted muffin.

Potato Rösti 78

crispy potato rosti topped with bacon, poached eggs, spinach, feta cheese, and a hint of chili.

Shakshuka 75

eggs poached in a rich, spiced tomato sauce, topped with feta and fresh herbs, served with sourdough.

Breakfast Burrito 80

a warm tortilla packed with scrambled eggs, avocado, capsicum, watercress and fresh salsa with chicken or pork chorizo

Salmon Bagel 85

Toasted bagel with smoked salmon, cream cheese, cucumber, radish, capers, red onion, and fresh dill

GF- Tofu Scramble 75

scrambled tofu with mushrooms, capsicum, spinach, & house spices served with grilled tomato, avocado, feta & gluten-free toast

Eko Big Brekkie 90

The ultimate classic: eggs, bacon, spinach, grilled tomato, sautéed mushrooms & toast with your choice of hot coffee or tea

GOURMET CROISSANTS

Nutella Croissant 50

Add ons : Almond | Banana | Strawberry +8

Egg & Avocado Croissant 70

croissant filled with avocado, egg, smoky cheese & wild rocket

Bacon & Avocado Croissant 80

croissant filled with crispy bacon, avocado, smoky cheese & rocket

Salmon Eggs Royal – New ! 115

croissant with smoked salmon, poached eggs, spinach & hollandaise



TOAST & EGGS

Eggs Florentine 65

poached eggs & spinach on a toasted muffin with hollandaise
Bacon +28 | Salmon +38

Smashed Avocado 60

Smashed avocado on toasted bread, topped with feta, cherry tomatoes, red radish, watercress & fresh dill.
Mushroom +10 | Eggs +15 | Bacon +28 | Salmon +38

Kale Feta Eggs 70

sautéed kale & poached eggs topped with crumbled feta & chili flakes on toast.

Savoury Omelette 65

fluffy eggs whisked with spinach, onion, tomato, mushrooms, melted cheese, served with sourdough.

Bacon & Egg Roll 68

crispy bacon, a fried egg, arugula, house tomato chutney & garlic aioli on a toasted bun.

Eggs Done Your Way 55

two eggs cooked by your liking, served with sourdough & butter



FRESH SALADS

Asian Chicken Salad 78

mixed salad of cherry tomatoes, cucumber, red capsicum, red onion, mint-corriander with grilled chicken, mix seed & spicy asian dressing

Greek Salad 68

lettuce, avocado, creamy feta, tomatoes, cucumber, olives, capsicum, red onion, cashews & lemon vinaigrette.

Quinoa Avocado Salad 68

quinoa, mixed garden greens, avocado, cherry tomatoes, carrots, cucumber, red onion, feta cheese, mixed seeds & lemon vinaigrette.

KIDS MENU

Chicken Schnitzel & Chips 55

chicken schnitzel, chips, tomato ketchup

Kid's Spaghetti Bolognese 65

paghetti, beef bolognese, parmesan cheese

ADD-ONS & EXTRAS

Premium Proteins	: Smoked salmon +38, Pork chorizoes +45, Pork sausages +28, Bacon +28 , Grilled Chicken +28 , Eggs +18
Sides & Greens	: Potato Rosti (l) +28. Baby Potatos +28 , Chips +28, Sauteed Mushrooms +20 , Grilled Tomato +20 , Avocado +20
Sweets & Cheeses	: Granola + 28 , Yogurts +25 , Feta Cheese +20, BBQ Cheese +15 , Nutella +15 , Homemade Jam +15, Honey +15

All prices are in thousand Rupiah and subject to 10% government tax and 6% service charge.

Please inform our team of any allergies or dietary requirements.

BREAKFAST

All Days Breakfast | 7am – 3pm

PASTRY & SWEETS BREAKFAST

Classic French Toast 78

French toast, strawberry, mango, banana, whipped walnut cream, candied walnuts, ice cream, marple syrup



Tropical Pancake Stack 75

pancakes, mango, strawberry, banana, dragon fruit, whipped walnut cream, andied walnuts, marple syrup

Caramelized Banana Pancakes 60

pancakes, caramelized banana, whipped walnut cream, candied walnuts, marple syrup

Mango Black Rice Pudding 58

organic black rice pudding with fresh mango, vanilla coconut sauce & roasted coconut flakes

Toast & Jam 45

sourdough toast, butter & homemade jam.



SUPER SMOOTHIE BOWL

Açaí Vibes 85

açaí & mixed berries blended with banana, topped with granola, fresh mango, strawberry, banana, mixed seeds, nuts & coconut flakes

Mango Sunrise 75

blended mango, pineapple, banana, orange juice & turmeric, topped with banana, strawberry, coconut, mixed seeds & nuts

Choco Peanut Butter 75

rich blend of banana, peanut butter & raw cacao, topped with crunchy granola, coconut flakes & chocolate chips

Pink Paradise 75

blended dragon fruit, banana, papaya & pineapple, topped with granola, banana, strawberry, fresh mango, coconut flakes & mix seeds

Super Greens 75

blended avocado, spinach, banana, pineapple & spirulina, topped with muesli, coconut flakes, nuts & seeds.



LIGHT & HEALTHY

Yogurt & Granola Bliss 70

yogurt, granola, strawberry, mango, coconut, seeds, honey

Chia, Mango & Strawberry Jar 70

chia, soy milk, strawberry, mango, coconut, seeds

Tropical Fruit Platter 65

seasonal mixed tropical fruits

BURGER & SANDWICHES



Beef Burger 95

beef patty, lettuce, tomato, crispy onion, cheese, bun, chips

Chicken Burger 80

grilled chicken, tomato, cucumber, carrot, lettuce, bun, chips

Mushroom Sandwich 65

sautéed mushrooms, onion, tomato, cheddar cheese, sourdough, baby baked potatoes

Tuna Delight Sandwich 78

tuna salad, cucumber, tomato, lettuce, cheddar cheese, sourdough, baby baked potatoes

Grilled Chicken Sandwich 78

grilled chicken, mushroom, cucumber, tomato, coleslaw, sourdough, baby baked potatoes

Banh Mi Thit 80

bacon, lettuce, carrot, cucumber, pickles,, fresh herbs, chili, ciabatta, chips

Chicken Avocado Sandwich 80

chicken schnitzel, mixed cabbage-carrot, avocado, ciabatta, spicy mayo, chips



PASTA

Pesto Penne Pasta 75

penne pasta, homemade pesto, grill chicken

Spaghetti Bolognese 80

spaghetti, beef bolognese, parmesan cheese

Shrimp Aglio e Olio 85

spaghetti, shrimps, garlic, olive oil, parsley, chili

LOCAL PLATES

vegetarian 55 | chicken 65



Nasi Goreng/ Fried Rice

Indonesian stir-fried rice, vegetables, egg, crackers

Mie Goreng/ Fried Noodle

Indonesian stir-fried noodle, vegetables, egg, crackers

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LUNCH & DINNER

Mon – Sat | 10am – 10pm



APPETIZER

Crispy Spring Rolls 45
crispy chicken spring rolls, thai sweet chili sauce

Shrimp Summer Rolls 50
fresh spring rolls with shrimps, sweet chili sauce

Chicken Wings 55
caramelized chicken wings, gochujang sauce

Gyoza vegetarian | chicken | pork 50
pan-fried dumplings, ginger soy sauce

Katsu vegetarian | chicken | pork 50
crispy schnitzel, cabbage, tonkatsu sauce

Edamame 35
steamed edamame, himalayan pink salt



BENTO LUNCH SET

Teriyaki Bento 85
a teriyaki main dish, 3 different house salads & rice
protein variants : Tofu | Chicken | Mackerel

Crispy Chicken Karaage Bento 85
rice, 3 different house salads & chicken skewer
with lemon tartar or spicy mayonnaise

Katsu Bento 85
crispy schnitzel, a house salad, rice & miso soup
schnitzel variants : Tempeh | Chicken | Pork

Gyoza Bento 90
pan-fried dumplings, a salad, rice and miso soup
dumpling variants : Vegetarian | Chicken | Pork



SALAD BOWL

Green Mango & Shrimp Salad 85
spicy green mango salad, shrimps, fresh herbs, nuts

Feta Beetroot Salad 75
beetroot salsa, baby romaine, feta, walnuts

Watermelon Feta Salad 68
watermelon, aragula, feta, dill, chili flakes, honey, balsamic vinaigrette



RICE BOWL

Salmon Poke – New! 125
salmon, rice, mango, cucumber, carrot, radish, edamame, soy sauce, spicy mayo, nori

Ahi Poke – Best seller! 98
tuna sashimi, rice, avocado, mixed greens, ginger sriracha dressing, crackers, nori

Shrimp Avocado Bowl 98
shrimps, rice, avocado, mixed greens, cherry tomatoes, wasabi mayo, sweet soy glaze, crackers

Beef Bulkogi – Recommended! 105
beef, rice, mixed greens, kimchi salad, poached egg, spring onion, sesame seeds, nori

Vietnamese Minced Pork 78
caramelised minced pork, rice, lettuce, fried-egg, crackers, peanut, mayonnaise

Thai Chicken Basil 75
thai basil minced chicken, rice, lettuce, fried-egg, peanut, fried garlic-onion

Chicken Karaage Bowl 75
crispy chicken, rice, mixed greens, sriracha mayo, sweet soy glaze

Katsu Don VG/ chicken 78 | pork 85
steamed savoury fluffy beaten eggs, rice, crispy schnitzel of your choices

Tempe Avocado Bowl 78
wasabi mayo tempe, rice, avocado, mixed greens, cherry tomatoes, sweet soy glaze, crackers

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LUNCH & DINNER

Mon – Sat | 10am – 10pm

GRILL of your own taste

PROTEIN + CARBO + GRILLED VEGGIE + SAUCE

PROTEIN VARIANTS:

Chicken Breast 115
Mahi Mahi 125
Seabass 135
Red Snapper 145

CARBO VARIANTS:

French Fries
Potato Wedges
Baby Roasted Potatoes
Red Rice / White Rice

SAUCE VARIANTS:

Spicy Bali's Authentic Sambal Matah
Lemon Garlic Butter
Mango Salsa
Creamy Coconut Mushroom



grilled fish sambal matah

Chefs Recommendation Dishes



CURRY RICE

Tom Yum Goong Rice 90

Thai spicy-sour soup, shrimp, vegetables, rice & fresh herbs

Authentic Thai Green Curry Rice

vegetarian 75 | chicken 80 | shrimps 90

creamy coconut & authentic Thai green curry served with rice, a fresh herb platter & condiments.

Japanese Curry Rice

vegetarian 75 | mixed pork & chicken 85

Japanese vegetable curry roux & rice

Crispy Katsu Curry Rice

chicken 95 | pork 105

mixed pork & chicken curry roux, rice, served with your choice of schnitzel.

Crispy Vegetarian Katsu Curry Rice 85

mixed vegetable curry roux, rice, & tempeh schnitzel.



NOODLE SOUP

Green Curry Noodle

vegetarian 75 | chicken 80 | shrimps 90

coconut Thai green vegetable soup, spinach noodle, fresh herbs, condiments

Tomato Spinach Noodle

vegetarian 75 | chicken 80

tomato & vegetable soup, spinach noodles, poached egg, fresh herbs

Pho

vegetarian 70 | chicken 75 | beef 80

Vietnamese noodle soup with rich broth, fresh herbs, and your choice of protein

NOODLE PLATE

Pad Thai

vegetarian 60 | chicken 70

Thai stir-fried rice noodle, egg, chives, sprout, peanuts

Mie Goreng/ Fried Noodle

vegetarian 55 | chicken 65

Indonesian stir-fried noodle, vegetables, egg, crackers



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BEVERAGE

COFFEE BEANS

21 Grams

Arabica & robusta mix | Smooth - medium
roast Nutty, cocoa nibs, blackberry, dates

Little Hill

Single origin 100% arabica | Strong - dark
roast Apricot, golden honey, milk chocolate

Decaf (+10)

100% Colombian arabica | Naturally decaffeinated
Dark roast | Caramel, apple, orange, dark chocolate



COFFEE



CLASSIC COFFEE

Espresso	28
Double Espresso/ Macchiato	30
Americano/ Long Black	35
Latte/ Flat white/ Cappuccino	40
Café Mocha/ Spanish Latte	45
L-Latte/ Flat white/ Cappuccino	50
Picollo	35
Affogato	45
Naughty	45
<i>picollo with nutella</i>	
Iced Black Coffee	40
Iced Latte/ Flat white/ Cappuccino	45
Iced Café Mocha/ Spanish Latte	50

SIGNATURE ICED COFFEE ❄️

Orange Espresso	58
Coconut Espresso	58
Honey Long Black	55
Brown Sugar Latte	55
Vanilla/Caramel/ Hazelnut Latte	55
Americano Float	50
<i>iced americano with vanilla iced cream</i>	
Latte Float	55
<i>iced latte with vanilla iced cream</i>	



PLANT-BASED LATTE 🌱	50
Turmeric/ Beetroot/ Charcoal/ Spirulina Latte with oat milk (iced or hot)	

CHOCOLATE 🍫	50
Premium cacao blended with chocolate ganache and fresh milk (iced or hot)	

CUSTOMIZED & ALTERNATIVE MILK

- Espresso +28
- Decaf +10
- Syrup +10
- Almond/ Coconut/ Oat/ Soy milk +10

TEA & MATCHA

BREW ME IN TEA POT 38

English Breakfast

Early Grey | Chamomile | Minty

Jasmine Green | Tropical Mango



SUGAR FREE ICED TEA 38

Fresh Lemon Tea | Rosella | Black Tea

FANCY ICED TEA 45

Passion Fruit Tea

Lychee Tea

Ginger Lemon Honey

Gorgeous Lemon

fresh lemon tea with lemon sorbet

Sexy Orange

fresh orange tea with orange sorbet



JAPANESE MATCHA

Matcha Original 40 | 45

Matcha Latte 48 | 53

Almond Matcha Latte 53 | 58

Soy Matcha Latte 53 | 58

Mango Matcha Latte 68

iced soy matcha latte with fresh mango

Matcha Strawberry 68

iced soy matcha latte with fresh strawberry

Dirty Matcha 68

iced fresh milk matcha latte & espresso



DESSERT

Chefs Recommendation

Mango & Black Rice Pudding 58

organic black rice pudding with fresh mango, vanilla coconut sauce & roasted coconut flakes

Apple Crumble with vanilla ice cream 50

Carrot Cake topped with strawberry 50

Double Chocolate Brownie with vanilla ice cream 50

Red Velvet 50

Coconut Bounty Ball 25

Medjoel & Peanut Butter Truffle 40

Peanut Butter Ball 30

Vanilla Iced Cream with sliced almond 35



FRESH JUICE

COLD PRESSED 48

- Amazing Kale
kale, pineapple & apple
- Bright Eyes
pineapple, carrot, turmeric, ginger
- Bali Sunrise
watermelon, orange, pineapple, mint , lime
- Detox
beetroot, carrot, celery, lime, ginger
- Energize
apple, orange, cucumber, lime
- Greenie
spinach, green apple, celery, ginger, lime

BLENDED FRUIT JUICE 50

- Feel Good
orange, mango, pineapple, papaya
- Go Green
spinach, banana, orange, spirulina
- Green Days
celery, lettuce, mints, pineapple, banana, lime
- Mango Minto
mango, fresh mint & lime
- Pineapple Blush
pineapple, passion fruit, mango, dragon fruit
- Orange Crush
orange, pineapple, carrot, ginger & lime

SINGLE JUICE 45

Orange | Mango | Pineapple | Watermelon

FRESH WHOLE COCONUT 35

adds on : spirulina/ charcoal powder/ chia seed/
turmeric/ ginger + 20K

HEALTHY SHOT 28

Spirulina | Charcoal | Turmeric | Ginger

MILK SHAKE 48

Vanilla | Chocolate | Oreo
Banana | Mango | Strawberry

SMOOTHIE DRINK

TROPICAL FRUIT SMOOTHIE 58

- Avo
avocado, banana, fresh milk
- Berry Rush
blueberry, strawberry, milk, yogurt & honey
- Banana Co
banana, cacao, coconut milk & chia seeds
- Havana
passion fruit, mango, banana, milk, yogurt, honey
- Island Days
mango, banana, strawberry, milk, yogurt, honey
- Purple Rain
strawberry, apple, pineapple, dragon fruit, banana

VEGAN SUPER PROTEIN SHAKE 68

- Berry Pro
mix berries, banana, almond milk, vegan protein
- Go Mango
mango, banana, yogurt, soy milk, vegan protein
- Strawberry Chia
strawberries, chia, soy milk, vegan protein
- Peanut Butter
peanut butter, banana, almond milk, cacao, vegan protein
- Power Up
mix berries, banana, flax seed, coconut milk, vegan protein

COOLER 45

- Passion Punch
blend of passion fruit & tropical juices
- Mango Cruzh
blend of mango, pineapple & lime
- Lemon Squash
soda water, lemon juice & lemon sorbet
- Orange Squash
soda water, orange juice & orange sorbet
- Ginger Ale
soda water, ginger base, lemon & mint

COLD DRINKS

- Still | Sparkling Water - Balian's Reg 30
- Still | Sparkling Water - Balian's Large 50
- Soda Water | Coke | Coke Zero | Sprite 28
- Bintang Beer 38



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